

HALLSVILLE ISD HEALTH SERVICES

FOOD ALLERGY/DISABILITY SUBSTITUTION REQUEST FORM

Form is to be completed by an authorized medical professional.
Return completed copy to your campus nurse.
Phone: 903-668-5990 Fax: 903-668-5991
Information submitted to Skyward at enrollment is not a substitution for this form.
This must be on file for any cafeteria dietary changes.

PART 1: TO BE COMPLETED BY PARENT/GUARDIAN

Student's Name:	Student ID #:	
School:	Grade Level:	DOB:
Parent/Guardian Name:	Relationship to Student:	
Email:	Daytime Phone #:	
Mailing Address:	City:	Zip Code:

Which meal(s) will your student be eating from the school cafeteria? ☐ Breakfast ☐ Lunch

PART 2: MUST BE COMPLETED BY STUDENT'S TREATING PHYSICIAN (PLEASE PRINT)

Does the student have an identified disability, food allergy, or food intolerance requiring a special diet?

If YES: Complete PART 2



If NO: A special diet is not required

- ☐ **SEVERE ALLERGY:** Student has a food allergy that is severe or causes an anaphylactic reaction
- ☐ **MILD ALLERGY:** Student has a food allergy that is less severe or does not cause an anaphylactic reaction
- ☐ **FOOD INTOLERANCE:** Student has a food intolerance that requires a modified diet
- ☐ **DISABILITY:** Student has a disability that requires a modified diet

Please choose foods to omit from a student's diet during the school day (select all that apply).

Dairy

Eggs

Soy

- | | | |
|---|--|--|
| <input type="checkbox"/> Lactose Intolerance | <input type="checkbox"/> Whole Eggs (i.e. scrambled, hard-boiled) | <input type="checkbox"/> Soy protein |
| <input type="checkbox"/> Fluid Dairy Milk Only | <input type="checkbox"/> All menu items with eggs as an ingredient | <input type="checkbox"/> Soybean oil |
| <input type="checkbox"/> All Plain Dairy Products | | <input type="checkbox"/> All menu items with soy ingredients (incl. soy lecithin, oil) |
| <input type="checkbox"/> All menu items with dairy as an ingredient | | |
| <input type="checkbox"/> Juice is an acceptable substitute for fluid milk for a milk allergy or intolerance | | |

Nuts

Fish/Shellfish

Wheat/Gluten

- | | | |
|------------------------------------|------------------------------------|---|
| <input type="checkbox"/> Peanuts | <input type="checkbox"/> Fish | <input type="checkbox"/> All menu items with wheat as an ingredient |
| <input type="checkbox"/> Tree Nuts | <input type="checkbox"/> Shellfish | <input type="checkbox"/> Celiac |

☐ **Other:** Please Specify: _____

☐ **Texture Modification:** Please Specify (blended, chopped, thickener, etc): _____

I certify that the above named student requires food substitutes as described above due to their disability, food allergy, or food intolerance.

Medical Authority Name (Printed):

Phone Number:

Medical Authority Signature:

Date:

Food services will attempt to accommodate the substitutions as requested,
but reserves the right to modify the menu base on product availability.

Parent signature _____ Date _____

Campus Nurse _____ Date _____

Food Services Representative _____ Date _____

THIS FORM IS VALID FOR THE CURRENT SCHOOL YEAR ONLY.